

## ***Active Adult Learning***

**Facilitator:** Barbara Wolfe

**Objectives:**

- Discuss the similarities and differences between teaching adults and teaching children
- Explore and discuss adult learning styles
- Discuss ideas for applying principles of adult learning to practice

**I. Introduction**

A. Brief review of literature on adult learning

B. Discussion of adult and child learning

**II. Learning Styles**

A. Discussion of Kolb Learning Styles and how to accommodate them

**III. Adult Learning Principles**

A. Brief review of literature and resources

B. Small group brainstorming and discussion

**IV. Wrap up**

**V. Resources**

Galbraith, M. (1998). *Adult learning methods* (2<sup>nd</sup> ed). Malabar, FL: Krieger Pub.

Kolb, D. (1985). *Learning style inventory*. Boston: McBer and Co.