

Module: **Developmentally Appropriate Orientation and Mobility**

Session 1: Foundations of Developmentally Appropriate Orientation and Mobility

Study Questions for Recommended Reading F: Lieberman

Lieberman, A.F. (1991). Attachment and exploration: The toddler's dilemma. *Zero to Three*, 11(3), 6-11.

1. Identify examples of attachment and exploratory behaviors in toddlers. What are the corresponding parent behaviors?
2. How do exploratory and attachment behaviors indicate what the child is feeling?
3. How can caregivers relieve children's fears?
4. What are two components of an internalized secure base? How can parents facilitate its formation?
5. List different greetings caregivers may receive from toddlers after a period of absence. Why may these greetings occur?
6. Describe the changes that occur in the need for parent attention from junior toddlerhood to senior toddlerhood.