

Module: **Family-Centered Practices
for Infants and Toddlers With Visual Impairments**

Session 1: Building Reliable Alliances

Activity G: Cultural Reframing Exercise

Participant Guidelines

The purpose of this activity is to expand your perspective or view of different types of behavior.

Directions

1. Read the “Reframing Activity Worksheet.”
2. Think about a way to reframe positively the statements on the page. This does not mean explain why someone might behave in the way described. This means actually describing the behavior using words with a different (and more positive) connotation.
3. For example, for #1, a positively reframed statement would be “They enjoy shopping.”
4. You have 10 minutes to review the list and write in new statements.
5. After 10 minutes, volunteers will share their responses with the class.
6. Which statements were most difficult for you to reframe? Think about why certain statements were more difficult than others.
7. How does this activity help you develop reliable alliances with families or develop a posture of cultural reciprocity?

Cultural Reframing Worksheet

Negative thought	Positive thought
1. They spend money foolishly.	
2. They look down on women.	
3. They are lazy.	
4. They don't try hard.	
5. They are punitive with their children.	
6. They have too many kids.	
7. They don't plan ahead.	
8. They are always looking to others to solve their problems.	
9. They don't get involved with their children's schools.	
10. They don't do enough to turn their lives around.	
11. They are never on time.	
12. They are unreasonable.	

Flynn, N., Thorp, E., Evans, K.W., & Takemoto, C. (1998, June). *Multicultural early childhood team training leadership institute for parent/professional teams manual* (p. P1.9). Fairfax, VA: George Mason University and the Parent Educational Advocacy Training Center.