

Module: **Family-Centered Practices
for Infants and Toddlers With Visual Impairments**

Session 1: Building Reliable Alliances

Activity F: Family Beliefs, Values, and Symbols

Participant Guidelines

The purposes of this activity are for participants

- to be aware of their comfort level when discussing information about their own families,
- to develop an awareness of others' comfort level when they are asked to discuss information about their families, and
- to increase participant's awareness of the importance of diversity in family values.

Instructions

1. Please bring to class something significant (i.e., a picture, toy, or shell) that is symbolic of your family.
2. Think of your family in any way that you like (i.e., family by birth, marriage, choice, life partners, extended family, and friends that serve as family).
3. Be prepared to share briefly with a small group (2 to 3 minutes), if you choose to do so, the significance of the symbol you have chosen.