

Module: **Family-Centered Practices
for Infants and Toddlers With Visual Impairments**

Session 1: Building Reliable Alliances

Activity A: Getting to Know You

Participant Guidelines

1. Think about your identity in terms of the boxes on the “Getting to Know You Worksheet.”
2. Construct your own “Getting to Know You Worksheet.” You are free to create new boxes and are not obligated to use the boxes on the worksheet.
3. When cued by your instructor, find a partner to share your identity chart.
4. Once in pairs, one participant asks the other, “Who are you?” The other participant has 30 seconds to reply each time. Repeat five times. After one person has given five answers, switch roles and repeat the process.
5. When this part of the activity is completed, discuss your responses with each other.
6. Reflect on your choice of which “identity” was said first. Also reflect on the meaning of the word culture and the many factors that contribute to one’s identity.

Getting to Know You Worksheet

Adapted from Turnbull, A.P., & Turnbull, H.R. (2001). Building reliable alliances. In *Families, professionals, and exceptionality: Collaborating for empowerment* (4th ed., pp. 63). Columbus, OH: Merrill Prentice Hall.

You

Age	Gender
Place of origin for your family	Region of United States your family is from
Foods important to your family	Ceremonies, holidays
Languages you speak	Favorite travel destinations
Education	Religious or spiritual affiliation
Disability status	Race or ethnicity
Piece of advice or proverb handed down in your family	Hobbies or interests